FOSTER CARE STANDARDS: A FOUR COUNTRY STUDY

Iain Matheson – New Zealand

IFCO World Conference 12-17 July 2009 Dublin, Ireland

WHY THE INTEREST IN STANDARDS?

- NZ does not have national foster care standards
- Growing awareness of shared challenges and learning opportunities
- Internationalisation of child welfare programmes
- Quality4Children standards for out-of-home child care in Europe
- Draft UN guidelines for the appropriate use and conditions of alternative care for children
- Standards identified as a priority by NZFFCF members and thus the commissioning of the research

OVERVIEW

- Describe the research process
- Identify which jurisdictions had published foster care standards and when
- Explore a foster care standards framework and typology
- Discuss whether standards have been a positive development.



RESEARCH METHODOLOGY

- Selection of Aus., Can., Ire. and UK,
- Mixed methods approach
- Methods
 - Literature review
 - Analysis of 28 sets of standards in 18 jurisdictions
 - 38 telephone interviews across 12 jurisdictions
- Sampling
- Jurisdictions national/state/provincial/territorial
- Inclusion criteria for foster care standards



INCLUSION CRITERIA FOR STANDARDS

- Identified as standards by document title (or in 1 instance content)
- Address foster care or broader child welfare grouping
- Apply across the whole jurisdiction
- Published in some form



FINDING ONE

1: Almost all jurisdictions in the study had published foster care standards - some had more than one set.



UK STANDARDS

- First Key standards in leaving care, 1996 (England & Wales)
- UK national standards for foster care, 1999 (UK)
- National care standards: Foster care and family placement services, 2002 (Eng.)
- Fostering services: National minimum standards of foster care, 2003 (Wales)
- National care standards: Foster care and family placement services, 2005 (Scotland)
- National standards in leaving care, 2007 (England)
- Training, support & development standards for foster care, 2007 (England)

REPUBLIC OF IRELAND STANDARDS

National minimum standards for fostering services (2003).

AUSTRALIAN STANDARDS

- Australian Capital Territory
- New South Wales x 3
- Northern Territory
- Queensland
- South Australia
- Victo<mark>ria</mark>
- Western Australia
- Standing Committee of Community Services and Income Security Administrators (1996) *Baseline out-of-home care standards*

CANADIAN STANDARDS

- Alberta
- British Columbia x 3
- Manitoba
- New Brunswick
- Newfoundland and Labrador
- Saskatchewan
- Standards of Excellence for Family Foster Care Services (CWLA).



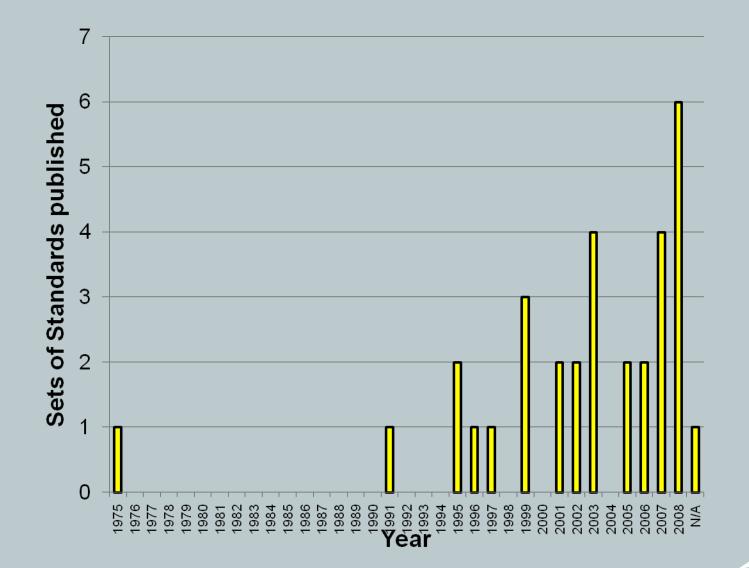
- Standards developed from good practice stories
- 32 countries 332 stories from 26 countries
- 18 standards across decision-making and admission process, care-taking process and leaving care
- Supported by the European Union
- However limited impact in UK and Ireland



FINDING TWO

2: In most jurisdictions, the publishing of sets of foster care standards is a very recent development





FINDING THREE

3: Alongside many similarities, there were considerable differences across the sets of standards. 32 characteristics across 6 dimensions are identified.



1: FRAMING

Government	1.1: DEVELOPED BY	Sector
Formalise expectations	1.2: PURPOSE	Quality Improvement
Specific events	1.3: IMPETUS	Incremental
Minimum	1.4: NATURE	Aspirational
Voluntary	1.5: STATUS	Compulsory
Principles/high level only	1.6: DESIGN	Detailed

2: SCOPE

Foster Care	2.1: ADDRESSES	Child Welfare
Foster Carers	2.2: FOCUS	Foster Care System
One specialist area	2.3: COVERAGE	Comprehensive
Stand-alone	2.4: INITIATIVE	Part of package of measures or support



3: DEVELOPMENT PROCESS

A single agency	3.1: STATED AUTHOR	A range of agencies
A delegated individual	3.2: DRAFTED BY	Range of subgroups
Adapt	3.3: APPROACH	Develop afresh
Not explicitly	3.4: RESEARCH-BASED?	Yes
None or limited	3.5: CONSULTATION	Large-scale
Small	3.6: SCALE OF EXERCISE	Large

4: DESCRIPTION

Foster care manual/ service specs (BAU)	4.1: PRESENTATION	Stand-alone standards document
Narrative-based	4.2: CONSTRUCTION OF INDIVIDUAL STANDARDS	Criteria-based
None	4.3: ENDORSEMENT	High level
No	4.4: STATUS CLEAR?	Yes
None / Limited	4.5: LINKAGES CLEAR?	Legislation, policy & research
Short	4.6: LENGTH	Long

5: IMPLEMENTATION

None	5.1: RESOURCING	Costed & Funded
Part of Sector	5.2: DISSEMINATION	Whole of sector
None	5.3: TRAINING	Whole of sector
No	5.4: PILOTING	Yes
No	5.5: PHASING	Yes

6: MONITORING & EVALUATION

No	6.1: INTERVENTION LOGIC EXPLICIT?	Yes
None or ad hoc	6.2: FORMAL MONITORING	Systematic
No	6.3: FORMATIVE EVALUATION	Yes
None / Limited	6.4: REVISIONS	Regular / Ongoing
No	6.5: SUMMATIVE EVALUATION	Yes



FINDING FOUR

4: While the development of foster care standards can be seen as part of the globalisation of foster care, from the study context appears to still be critically important.



History

- Legislation and
 underpinning philosophy
 and social policy
 framework
- Patterns of provision
- Nature and influence of the sector(s)
- Accreditation eg Council on Accreditation (COA) & (CARF) (Canada/US)

- Indigenous children
- Whether foster care is in crisis

Definition of terms eg 'foster carer'/ 'foster family'/'foster parent', 'approval', 'licensing', registration', 'accreditation', 'kin-care', permanency and even 'standard'. standard /'stænded/ n. & adj. -n.1 an object or quality or measure serving as a basis or example or principle to which others conform or should conform or by which the accuracy or quality of others is judged (by present-day standards). 2 a the degree of excellence etc. required for a particular purpose (not up to standard), **b** average quality (of a low standard). **3** the ordinary procedure, or quality or design of a product, without added or novel features. 4 a distinctive flag, esp. the flag of a cavalry regiment as distinct from the colours of an infantry regiment. 5 a an upright support, b an upright water or gas pipe. 6 a a tree or shrub that stands alone without support. b a shrub grafted on an upright stem and trained in tree form (standard rose). 7 a document specifying nationally or internationally agreed properties for manufactured goods etc. (British Standard). 8 a thing recognized as a model for imitation etc. 9 a tune or song of established popularity. 10 a a system by which the value of a currency is denned in terms of gold or silver or both. b the prescribed proportion of the weight of fine metal in gold or silver coins. 11 a measure for timber, equivalent to 165 cu. ft. (4.7 cubic metres). **12** Brit. hist. a grade of classification in elementary schools, — adj. **1** serving or used as a standard (a standard size). 2 of a normal or prescribed quality or size etc. 3 having recognized and permanent value; authoritative (the standard book on the subject). 4 (of language) conforming to established educated usage (Standard English). multiple standard a standard of value obtained by averaging the prices of a number of products. raise a standard take up arms; rally support (raised the standard of revolt), standard-bearer 1 a soldier who carries a standard. 2 a prominent leader in a cause.

(Oxford English Dictionary)

FINDING FIVE

5: From the research six types of national/state/ provisional/territorial foster care standards were identified:

- **1: Best Practice**
- **2: Expected Practice**
- **3: Minimum Practice**
- **4: Practice Principles**
- **5:** Ambiguous
- 6: Mixed



TYPOLOGY OF STANDARDS

Type 1	Best Practice	Comprehensively describe and promote excellent or best practice. Developed collaboratively by the sector, these are major undertakings that draw heavily upon both research and professional knowledge.
Type 2	Expected Practice	Articulation by Government of fostering standards expected by foster carers and fostering agency staff. Responsibility for monitoring largely at a casework and contract management level.
Type 3	Minimum Practice	Articulation by Government of standards that must be met. Usually apply to the agencies rather than individual foster carers that are subject to independent inspection with associated recommendations and statutory requirements.
Type 4	Practice Principles	Broad statements of principle. May also be expressed in primary legislation and/or regulations.
Type 5	Ambiguous	Apparent disconnect between policy intent and reality and/or policy framework not clear from interviews (where undertaken) and standards documents.
Type 6	Mixed	Standards strongly reflect elements from two or more of above types.

FINDING SIX

6: The development of foster care standards were largely seen by interviewees as an important and positive development.



- An opportunity to focus on foster care
- Collaboration across the sector
- Transparency and accountability
- Level playing field
- Those with a practice quality and continuous improvement
 focus and as part of a package of measures, particularly
 welcomed



FINDING SEVEN

The introduction of standards has (as yet) had a limited impact on improving outcomes for children and young people and for some interviewees there has not been an attributable improvement in the quality of foster care.



- Early days?
- Limited systematic monitoring data
- No empirical research identified
- Limited professional and academic literature
- The problem of attribution



CONCLUSION

State systems of alternative care for children evolve over time in response to changing needs and expectations. Care systems are not static nor are they universal. Rather, they are constructs that respond to diverse cultural environments and contexts (Connolly, M., 2008).

FOR FURTHER INFORMATION

Contact Iain Matheson <u>iain@mathesonassociates.co.nz</u>

References

ACWA (1991). Standards in Foster Care [Electronic Version]. ACWA Issue Papers. Retrieved 04/09/2008 from http://www.acwa.asn.au/ACWA/publications/issuepapers/Paper_06.html Alberta Children's Services (2007). Enhancement Policy Manual [Electronic Version], 10. Retrieved 29/11/08.

Boland, K. (2003). *NSW Out of Home Care Standards* [Electronic Version]. Retrieved 19/11/08 from http://www.kidsguardian.nsw.gov.au/accreditation/nsw-out-of-home-care-standards Child Welfare Policy Team (2008). *Standards for Foster Parents*. Retrieved 12/11/08. from http://www.mcf.gov.bc.ca/foster/pdf/standards_foster_homes.pdf

Child, Youth and Family Services (2007). *Standards and Policy Manual* [Electronic Version]. Retrieved 20/10/08 from http://www.health.gov.nl.ca/health/publications/pdfiles/child_youth_family_services_manual.pdf

Colton, M. J., & Williams, M. (2006). Global perspectives on foster family care. Lyme Regis, Dorset: Russell House.

Connolly, M. (2008) Editorial. Social Work Now, 41. http://www.cyf.govt.nz/documents/swn41.pdf

Connor, A. & Black, S. (1994). Performance review and quality in social care; Research highlights in social work (pp. 187-199). London ; Bristol, Jessica Kingsley Publishers.

Cook, P. & Lindsey, P. (1996). Approaching adulthood. quality standards and guidelines in Planning services for young people who are leaving care. Glasgow; The Centre for Residential Childcare

Coulshed, V. Mullender, A. Jones, D. & Thompson, N. (2006). Management in social work (3rd ed.) Basingstoke [England]; New York: Palgrave Macmillan.

Department for Children, Schools and Families (2002). Change for Children [Electronic Version]. Every Child Matters. Retrieved 09/10/2006 from

http://www.everychildmatters.gov.uk/_files/NMAFostering%20Providers2009-10%20FINAL.doc

FICE, IFCO & SOS Children's Villages (2007). Quality4Children Standards for Out-of-Home Child Care in Europe. Innsbruck: SOS-Kinderdorf International. First Key (1996) First Key Standards in Leaving Care.

Foster, P. & Wilding, P. (2000). Whither Welfare Professionalism? Social Policy & Administration, 34(1).

Foster Care Association of the ACT (2001). Standards of Practice for the provision of substitute care services [Electronic Version]. Retrieved 02/12/2008 from

http://www.fcaact.org.au/standards.html

Government of British Columbia (1999 revised 2006). Aboriginal operational and practice standards and indicators [Electronic Version]. Retrieved 13/11/08 from http://www.llbc.leg.bc.ca/public/PubDocs/bcdocs/353378/abor_oper_manual_99.pdf

Government of Ireland (2003). *National Standards for Foster Care* [Electronic Version], 72. Retrieved 06/12/08 from http://www.hse.ie/eng/FactFile/FactFile PDFs/Other FactFile PDFs/The National Standards for Foster Care, 2003.pdf



Government of Saskatchewan (2008). Children's Service Manual [Electronic Version]. Retrieved 01/12/08 from

http://www.publications.gov.sk.ca/redirect.cfm?p=11522&u=http%3A%2F%2Fwww%2Esocialservices%2Egov%2Esk%2Eca%2Fchildrens%2Dservices%2Dmanual%2Ep df_Government of South Australia. (2008). *Standards of Alternative Care* [Electronic Version], 134. Retrieved 29/11/08 from

http://www.dfc.sa.gov.au/pub/tabid/257/itemid/1178/Standards-of-Alternative-Care-in-South-Australia-2.aspx

Government of Western Australia (2008). Better Care, Better Services [Electronic Version], 20. Retrieved 11/11/08 from http://www.childprotection.wa.gov.au

Government of Queensland (1999). Standards of Care: Statement of Standards [Electronic Version]. Retrieved 29/11/08 from http://www.childsafety.qld.gov.au/fostercare/rights-responsibilities/standards-care.html

Hafford-Letchfield, T. (2007). Practicing quality assurance in social care. In Post-qualifying social work practice (pp. 151 p.). Exeter: Learning Matters.

Manitoba Family Services and Housing (2001). Child and family services standards manual [Electronic Version]. Retrieved 03/12/08 from

http://www.gov.mb.ca/fs/cfsmanual/index.html

Martin, V. & Henderson, E. S. (2001). Managing in health and social care. London ; New York &

Milton Keynes: Routledge ; Open University.

Mehmet, M. (2005). What the standards say about - fostering. Lyme Regis: Russell House.

Ministry of Children and Family Development (2008). Standards for Foster Homes [Electronic Version]. Retrieved 20/11/08 from

http://www.mcf.gov.bc.ca/foster/pdf/standards_foster_homes.pdf

National Assembly for Wales. (2003). Fostering Services: National Minimum Standards for Fostercare [Electronic Version]. Retrieved 26/11/08 from

http://www.csiw.wales.gov.uk/docs/Standards_Fostering_e.pdf

National Foster Care Association (1999). UK National Standards for Foster Care [Electronic Version]. Retrieved 19/10/08 from

http://www.dh.gov.uk/assetRoot/04/03/43/84/04034384.pdf

National Foster Care Association (2007). *National Standards in Leaving Care* [Electronic Version]. Retrieved 08/11/08 from http://www.leavingcare.org/data/tmp/3023-6450.pdf Neuman, K. Patak, M. (2003). *Managing Managed Care through Accreditation Standards*: National Association of Social Workers. Social Work, Vol. 48, 2003.

New Brunswick Family and Community Services (2005). Family Foster Care Standards [Electronic Version]. Retrieved 29/11/08 from

http://www.gnb.ca/0017/Foster/FFCStandards-e.pdf

SOS-Kinderdorf International (2008). Q4C Retrospective 2007-2008 [Electronic Version]. Retrieved 12/11/08 from

http://www.quality4children.info/ps/rup/utils/download.php?alias=q4c_docudb&mdhash=64336dc1ad2e4eca524240f6b24cb4d5&praefix=cms2_&name=Juli-2008-EN.doc.

- Sale, D (2000). Quality assurance : a pathway to excellence. Basingstoke: Macmillan.
- Scottish Commission for the Regulation of Care (2007). *The quality of fostering and adoption services in Scotland* [Electronic Version]. Retrieved 10/10/08 from http://www.carecommission.com/index.php?option=com_content&task=view&id=5736&Itemid=168

Scottish Executive (2002). Foster Care and Family Placement Services [Electronic Version]. National Care Standards. Retrieved 26/11/2008 from http://www.scotland.gov.uk/Resource/Doc/1095/0001718.pdf

Sector Skills Council (2008). Ordinary people doing extraordinary things [Electronic Version]. The Training, Support and Development Standards for Foster Care. Retrieved 15/10/2008 from http://www.cwdcouncil.org.uk/asset/44rp8h

Spencer, L., J. Ritchie, et al. (2003). Analysis: Practices, principles and processes. in J. Ritchie and J. Lewis Qualitative research practice. London, Sage.

Standing Commute of Community Services and Income Security Administrators (1995). Baseline Out-Of-Home Care Standards [Electronic Version]. Retrieved 14/11/2008 from http://online.chisholm.vic.edu.au/diswork2005/virtual_library/out-of-home-care.pdf

Victorian Government Department of Human Services (2007). Registration standards for community service organisations [Electronic Version]. Retrieved 12/11/08 from http://www.cway.asn.au/projects/Ouality%20Improvement/Registration%20Standards%20Evidence%20Guide%20March%202007.pdf

Ministry of Children and Family Development (2006). Child and Family Development Service Standards [Electronic Version], 98. Retrieved 03/12/08 from http://www.interiorcommunityservices.bc.ca/Resource%20Pages/Caregiver%20Support%20Service%20Standards%2006.pdf.

Ward, S. & Finkelhor, D. (2000). Program Evaluation and Family Violence Research: Haworth Press.

What Makes the Difference? (WMTD) project and the National Leaving Care Advisory Service (2008). The National Standards in Leaving Care. London:



